



Community First Responders

South Central Ambulance Service

NHS Foundation Trust



Could You Become A Community First Responder?

What is a Community First Responder?

A person trained as a minimum in basic life support and the use of a defibrillator, who attends a potentially life-threatening emergency.

What does a Community First Responder do?

Community First Responders(CFRs) use life-saving skills, such as the use of the automated external defibrillator (AED), to provide early and often vital intervention for patients suffering life-threatening emergencies in the immediate vicinity of where they live or work until an ambulance arrives.

How do they know what to do?

Community First Responders are trained to provide life-saving treatment at a recognised level and they are always backed up with the nearest available ambulance. Every six months, there is a compulsory training to refresh skills.

Types of calls a Community First Responder might attend:

Cardiac arrest	Heart attack	Strokes	Choking
Diabetic emergencies	Traumatic emergencies (not road traffic collisions)		
Breathing difficulties	Patients suffering from seizures	Chest Pains	
Unconscious patients	Paediatric emergencies		

Why are CFRs so valuable and vital?

In case of cardiac arrest, for every minute that passes without cardio-pulmonary resuscitation (CPR) and defibrillation, a patient's chances of survival decreases by 14%.

Community First Responders answer calls in their local area providing the potential for them to arrive on scene before an ambulance. This is vital in providing immediate life-saving treatment. These extra minutes do help to save lives.

Interested in becoming a CFR?

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